SOSA 2013 Curriculum

Stage	Exercise	Description	Flights	Total
А	1	Familiarization Flight	1	1
		-Familiarization with surrounding area		
Α	2	Aircraft Familiarization and Preparation for	0	
		Flight		
		-controls, instruments, cockpit checks *		
Α	3	Ground Handling *	0	
		-Take-off signals/ glider hook-up/ wing-running		
A	4	Daily inspection and walk around	0	-

Stage	Exercise	Description	Flights	Total
В	5	Attitudes and Movements	1	6-11
		-look-out *		
		-effects of controls		
		- Cover ASI/Altimeter in stages B, C and D		
В	6	Aileron Drag, Straight Flight, Gentle Turns	1-3	
		-straight flying towards a point on the horizon		
		- coordinated 90°, 180°, and 360° gentle turns		
В	7	Further Effects of Controls	1-3	
		-stability,		
		-attitude (speed control) and use of trim		
В	8	Turns	2-3	
		- gentle and medium turns		

Stage	Exercise	Description	Flights	Total
C ¹	9	Take-off *	1-2	13-27
C ¹	Student pro	ogress evaluation at flight 12		
	Pre-solo Ex	am is to be completed after approximately 15-20 flights		
С	10	Aerotow	1-2	
		- Low and High tow *		
С	11	Effects of airbrakes on attitude (speed)	1-2	
С	12	Approach and Landing	2-5	
		- under and overshooting		
С	13	Circuit Planning [*]	2-5	
		- High and Low Key Areas		

Stage	Exercise	Description	Flights	Total
D	14	Reduced G, Slow flight [*] and Gentle Stalls [*]	1-2	20-40
D	15	Spin Recovery	1-3	
D	16	Spiral Dive Recovery *	1-2	
D	17	Sideslips	2-3	
D	18	Rope Breaks	2-3	
D	19	FIRST SOLO	1-2	

¹ Pre-solo Exam is to be completed within Stage C after approximately 15-20 flights

All paperwork for student pilot permit should also be completed at this time.

Stage	Exercise	Description	Flights	Total
E ²	20	Boxing the Wake	ongoing	27-55
		Emergency Procedures *		
3		Thermalling		
E ³	Solo	Practice specific pre-solo exercises as determined by instructor/student	1-2	
E	21	Illusions Created By Drift (when conditions allow)	1-2	
		 review pre-solo exercises thermalling 		
E	Solo	Thermalling and practice specific pre-solo exercises	1-2	
		as determined by instr/student		
E	22	Thermalling	ongoing	
E	Solo	Practice boxing the wake, thermalling and specific pre-solo exercises as determined by instr/student	1-2	
			1.0	
E	23	Slipping Turns and Slips on approach	1-2	
E	Solo	review pre-solo exercises and thermalling	1-2	

 2 Single seat checkout for Junior in stage E – after a minimum 5 solo flights and a mandatory dual check flight in the Puchacz or DG-505.

³All solo flights must be pre-authorized and supervised by an instructor:

- A maximum of 2 solo flights are allowed between dual flights until all post-solo exercises are signed to a level 5, then a maximum of 4 solo flights are allowed
- A maximum of 7 days may elapse between dual flights
- No Solo spiral dive practice

Stage	Exercise	Description	Flights	Total
F	24	Advanced Take-off and Landing	1-2	40-75
		- crosswind [*]		
		- downwind		
		- abbreviateed circuit - short field [*] /spot landing		
F	Solo	Practice advanced T/O and Landing	1-2	
F	25	Steep Turns *	1-2	
F	Solo	Practice steep turns and thermalling	1-2	
F	26	Advanced Stalls and Spins	2-3	
		- recognition, entry and recovery		
F	Solo	Solo spins at the discretion of the instructor	1-2	
F	27	Off-field Selection	1-2	
F	Solo	Practice to flight test standards	1-4	
G^4	28	Pre-Flight Test	2	
		FLIGHT TEST	2	

⁴ Students must have a minimum of 6 hours flight time, including a minimum of 2 solo hours and minimum 20 solo flights, and have successfully completed exercise 28 to be eligible for the Flight Test,

^{*} Indicates required test items for the Flight Test